

International Journal of
STUDIES
in **EDUCATION**

VOLUME 21, ISSUE 2

2025

[SPECIAL EDITION]



ISSN:

Print: 2636-6339

Online: 2636-6320

INTERNATIONAL JOURNAL OF STUDIES IN EDUCATION (IJOSE)

Formerly International Journal of Educational Research

[SPECIAL EDITION]

VOLUME 21, ISSUE 2

2025

ISSN: 2636-6320 (ONLINE) - 2636-6339 (PRINT)

Published by: Publication Unit, Faculty of Education,
University of Nigeria, Nsukka

EDITORIAL BOARD

EDITOR-IN-CHIEF

Prof. Godfrey Chinweike Nji

Dean, Faculty of Education,
University of Nigeria, Nsukka

MANAGING EDITOR

Prof. Dorothy I. Ugwu
Department of Human Kinetics and Health Education
University of Nigeria, Nsukka

EDITORS

Prof. Cajectan I. Egbe
Prof. Mathias U. Agboeze
Prof. E. N. Aye
Assoc. Prof. O. S. Ngwoke
Dr. Samuel I. C. Dibia
Dr. Ifeyinwa A. Nji

ASSOCIATE EDITORS

Prof. J. C. Omeje, University of Nigeria, Nsukka
Prof. J. E. Umeifekwem, University of Nigeria, Nsukka
Prof. S. C. Nwizu, University of Nigeria, Nsukka
Prof. I. S. Ifelunni, University of Nigeria, Nsukka
Prof. E. N. Oluikpe, University of Nigeria, Nsukka
Prof. U. C. Umo, University of Nigeria, Nsukka

CONSULTING EDITORS

Prof. Patrick Eya, National Open University of Nigeria, Lagos
Prof. Jamaine M. Abidogun, Missouri State University, Springfield, USA
Prof. Ben Ogwo, State University of New York, (SUNY) Oswego
Prof. Peter Okebukota, Lagos State University, Lagos
Prof. Kele Anyanwu, University of Wisconsin, Stevens Point
Prof. Akon Etsu, University of Calabar
Prof. Ibrahim Yakasi, Bayero University, Kano
Prof. Helen Anukam, Imo State University, Owerri
Prof. Kola Kazeem, University of Benin, Benin
Prof. Ebele Anyaoku, University of Abuja, Abuja
Prof. Juliet Perumal, Faculty of Education, University of Johannesburg, South Africa
Prof. Boitumelo Molebonge Diale, Dept. of Psychology, University of Johannesburg, SA
Prof. L.N. Nworgu, Head, Dept. of Science Education, University of Nigeria, Nsukka
Prof. Uche N. Eze, Department of Educational Foundations, University of Nigeria, Nsukka
Prof. A. U. Nwobi, Head, Department of Adult Education, University of Nigeria, Nsukka
Prof. J. U. Akabuogu, Head, Department of Arts Education, University of Nigeria, Nsukka
Assoc. Prof. D. I. Mezieobi, Head, Dept. of Social Science Education, University of Nigeria
Prof. C. N. Ezeani, Head, Dept. of Library and Information Sciences, UNN
Prof. E. N. Nwagu, Head, Department of Human Kinetics and Health Education, UNN
Prof. P. N. Onwuasoanya, Head, Department of Counselling and Human Development, UNN

EDITORIAL ASSISTANT

Nweke, Prince Onyemaechi
Institute of Education
University of Nigeria, Nsukka

ABOUT THE JOURNAL

The International Journal of Studies in Education is a flagship, high quality, peer-reviewed scholarly journal published by the Faculty of Education, University of Nigeria, Nsukka. This journal aims to provide a cross-disciplinary forum for researchers to disseminate innovative and in-depth dialogue in the field of Education. Manuscripts, which are original and unpublished, could be submitted based on the clear understanding that no substantial part has been or will be published elsewhere, and that they will ultimately remain the copyright of the International Journal of Studies in Education. The IJOSE is published twice a year. The IJOSE formerly known as International Journal of Educational Research has retained the main pivot of this journal which is to attract and maintain international readership. The IJOSE therefore, welcomes high quality and novel articles in all the disciplines within the Faculty and beyond relevant to current developments in the field of Educational research.

Copyright

Submission of research manuscript to IJOSE implies that authors have met the requirements of the editorial policy and publication ethics. Authors retain the copyright of their articles published in the journal.

Review Policy

The IJOSE journal operates a blind review policy. Research manuscripts are reviewed by the editorial board members or other luminaries in the field.

NOTE FROM THE EDITOR-IN-CHIEF

I am delighted to introduce *The International Journal of Studies in Education* (IJOSE) a new and rebranded journal of the Faculty of Education. This journal provides a great opportunity for scholars to engage in an intellectual feast for the advancement and dissemination of knowledge in our great Faculty. Contributors have a perfect opportunity of publishing in a journal of wide reach and great impact. Whilst, readers have a great opportunity to keep abreast with the latest advancements and innovations in all the disciplines within the faculty and beyond. All manuscripts go through a rigorous and yet relatively rapid peer-review process which ensures timeliness of publication, widespread dissemination, high visibility, high citations culminating to high H-index and impact. We look forward to receiving extra ordinary manuscripts of cutting edge research and high standards of excellence for publication in this journal.

I wish to thank all the members of the editorial team and all the various people who work at the back-end for keeping this journal afloat.

My warmest regards!

Prof. Godfrey Chinweike Nji
Dean, Faculty of Education,
University of Nigeria, Nsukka

NOTE TO CONTRIBUTORS

GUIDELINES FOR PAPER CONTRIBUTION

1. The title should be brief (16-20 words). Author(s) name(s), affiliation(s), Department/Institute and University and an email address.
2. All papers must be original and should include abstract of not more than 200 words. Immediately after the abstract, provide a maximum of 3-5 keywords. These keywords will be used for indexing purposes.
3. Papers must be written in English Language.
4. Manuscripts should be typed in Microsoft word format with text in Times New Roman font 12 points and 1.5 line spacing. Margins should be 2.54cm or 1 inch all round.
5. Papers must not exceed 14 pages, and should be double line spaced on A4 paper, including references.
6. Two hard copies and soft copy of the paper should be submitted or sent as an email attachment to editor.ijose@unn.edu.ng only.
7. References must be rendered in APA style (6th Edition).
8. The Editorial Board is not bound to return any paper if rejected.

PAPER SELECTION PROCESS

1. On receiving a paper, an acknowledgement letter will be sent to the corresponding author immediately.
2. The process of peer review may take up to 2 weeks.
3. After reviewing the paper, the editorial board will send a notification indicating acceptance or rejection to the corresponding author as well as the possible date of publication. (If applicable).
4. Authors are advised to edit their papers very well before submission.
5. Once the corrected version of a paper is returned, a confirmation will be sent to you through email.
6. Only quality papers which are received and found publishable by the Editorial Board will be published in the Journal.

TABLE OF CONTENTS

Title Page	-	-	-	-	-	-	-	-	-	-	i
Editorial Board	-	-	-	-	-	-	-	-	-	-	ii
About the Journal	-	-	-	-	-	-	-	-	-	-	iii
Note from the Editor-in-Chief	-	-	-	-	-	-	-	-	-	-	iv
Note to Contributors	-	-	-	-	-	-	-	-	-	-	v
Table of Contents	-	-	-	-	-	-	-	-	-	-	vi
The role of teachers in building sustainable early childhood education systems: Challenges and opportunities											
Aneke, Anthonia Olunwa											1
Perceived impact of drug abuse on the mental health of secondary school students in Nsukka education zone, Enugu State, Nigeria											
Omeje, Grace Ngozi & Onyechi, Kay Chinonyelum N.											17
Technological innovation and implementation of environmental education at the university of calabar, Cross River State, Nigeria											
Anthony Obi Odok; Idongesit Emmanuel Ephraim; David Mbu Akpo & Edward Ayim Afu											28
Effect of stress and work load on academic achievement of secondary school adolescents in Nsukka Local Government, Enugu State											
Agodo, Theresa Chinma & Vita-Agundu, Uche Calista											37
Adopting educational technology to support undergraduate students' emotional and academic growth in counselling practices											
Nwosu, Nneka Charity & Chinweuba, Ngozi Hope											45
Teachers' perception of the impact of brain drain and migration in secondary schools in post covid-19 era for sustainable education systems in Nsukka Local Government Area											
Jovita Chinelo Ejimonye											59
Teachers' perception of the constraints affecting the implementation of environmental education in upper basic social studies curriculum in Nsukka Local Government Area											
Okoro, Ifeanyichukwu Dumtochukwu											70
Knowledge of sports injury prevention and management among student athlete in university of Nigeria Nsukka											
John .E. Ogugua, Victoria N. Onwubiko, Fabian C. Ugwueze, Chukwuebuka N. Bosah, Umar J. Badaru & Godfrey C. Nji											83
Leveraging technology innovation to foster inclusivity in English language classroom in Nsukka Education zone, Enugu State											
Rosemary Chidimma Ossai, Esther Ngozi Oluikpe & Amuche P. Nnamani											92
The impact of globalization on educational policy and cultural integration in Nigerian universities											
Chukwu, Chukwuemeka Joseph & Nweke. Prince Onyemaechi											103
Policy and leadership strategies for advancing equity and social justice in education system in Nigeria											
Iro Stephen Uwakwe											115

Exercise habits as a determinant of mental health status among undergraduate students of the University of Nigeria, nsukka Oliver Igwebuike Abbah, Adaustin Ifeoma Okeke, Kpiligha Ronald Hingir & Pius Omagu	129
Application of Educational Technology in Promoting Academic Integrity in Nigerian Educational System Chukwuji, Chioma E. & Chukwuemeka-Nworu, Ijeoma J.	139
Perceived influence of school environmental insecurity on teacher's productivity in secondary schools, Ebonyi State Aroh, Patricia. Nwamaka; Ogbueghu, Sylvester Nwigwe & Ome, Samuel Okechukwu	149
Students' perception of the integration of ai-driven tools into the teaching and learning of English writing skills at the University of Nigeria, Nsukka Mbegbu, Chekwube Chiebonam & Emelogu, Ngozi Ugonma	158
Bridging the gap in senior secondary school students' achievement in nutrient cycles using pre-lesson video and powerpoint presentation approaches Innocent Ebere Okereke, Ada Grace Ikoroha & Shyllo Ifechukwu Ebere Okereke	168
Revolutionizing classrooms: The influence of technological advancement in the teaching and learning process in secondary schools Ene, Catherine. Uzor & Onoja, Emmanuel Agada	180
Gestational Diabetes Mellitus Knowledge and Complications among Pregnant Women attending Primary Health Care Facilities in Nsukka LGA, Enugu State, Nigeria. Jacinta E. Ugbelu, Ngozika K. Enemu and Agatha N. Obayi	190
Application of technological innovation in teaching and learning of adults in Anambra State Chinonyelum Chioma Osilike	202
Role of adult literacy education in promoting community development in northern Cross River State, Nigeria Ayang Mathias Kechuwhe	211
Social skill development for enhancing collaboration among learners in open and distance learning programme in Enugu State Koledoye, Uzoamaka Lucynda; Okorie Kingsley Akachukwu & Nwodo Patience Onyinye	223
Mobile-Assisted Language Learning Applications: Revolutionizing English Language Learning Among Students At The University Of Nigeria, Nsukka Uloh-Bethels, Annah Chinyeaka & Okonji, Ngozi Nkechi	232
Influence of gender and age-range on mental health illiteracy among married primary school teachers in Nsukka education zone, Enugu State Offiong Asuquo Effanga, Ferdinand Anya Esalo &Temitope Ayodeji Falade	244
Mental health help-seeking behaviour of in-school adolescents in Nsukka LGA Lawreta Ijeoma Abugu, Dorothy Ifeyinwa Ugwu, Ifeoma Janefrances Chukwuelobe & Anthony Ifeanyi Anike	255

Fostering meritocracy and lifelong learning through sustainable education systems in adult and community education Okeke, Polycarp Mbagwu Darlington	264
A comparative study of interactive learning tools and visualization techniques in managing algebraic anxiety among young children Ifelunni, Clara Odozi	275
The impact of adult education on social structure and cultural transformation for sustainable community development Nweke, Prince Onyemaechi; Eze, Georgina Chinagorom & Okengwu, Mary Chinyere	285
Social media platforms for promoting lifelong learning in Aba South local government area, Abia State Imo, Charity Onyeodiri & Okorie, Kingsley Akachukwu	296
Digital detox through cbt: promoting mental well-being among in-school adolescents in nsukka education zone Odionye, Chimezie Obinna A. B. Ikechukwu-Ilomuanya & Otu Sunday Mkpoikanke	304
Need for improved parental engagement in preschoolers' education among rural dwellers in Nsukka Local Government Education Authority of Enugu State Odo, Victoria Chidiebere	310
SPARENTAL support as a predictor of academic stress among secondary school students in Nsukka Education Zone of Enugu State, Nigeria Damian C. Ncheke, Nkechi Theresa Egenti, Daniel I. Omatalu, Mogor, Franca Nnenna & Chioma Peace Onyegiri	321
Facebook addiction as a predictor of risky sexual behaviour among schooling adolescents in Nsukka Education zone of Enugu state, Nigeria Ugwoezuonu, A. O.; Ncheke, D. C. & Nji, I. A.	327
Styles as correlates of academic achievement among gifted upper basic students in North Central, Nigeria Juliana O. NWOSU, Samuel I. C. DIBIA, Obianuju C. DIBIA	333